



Host/Site: Kern Track and Field Complex

When: Friday May 1st 2026

Times: Registration 9:15-10:00 A.M.

Field Events Starting at 10:00 A.M. with Track events to follow

Arrival: If you are bringing a team bus or team van once you drop off please park towards the North end of the gravel parking lot.

We will have a wheel chair van available to transport students to the respite bathroom if needed.

Schedule of events

9:15-10:00 a.m Registration

10:00 a.m. National Anthem

10:05-11:15 a.m. Session 1 (K-6 Track Events, 7-12 Field Events)

11:15-12:15 p.m. Lunch Break/ Transitions

12:15-1:30 p.m. Session 2 (K-6 Field Events, 7-12 Track Events)

Note: We will be on a rolling schedule. If we finish a session early we will roll right into the next portion of the meet.

Field events: All Field Events will consist of 3 attempts, no finals.

Field Events:

Long jump

Soccer kick (for athletes unable to do the long jump)

Ball Throw

Frisbee Throw

Running Events:

400-Run

25 meter assisted walk

200-Run

25 meter wheelchair race

50 meter walk

100 meter run

100 meter walk (For those athletes who choose not to do the

100 meter run) 50 meter wheelchair slalom

4X100 Meter Relay